

# The Columbian Exchange

How does it affect what you eat?

# ***How is your life affected by the Columbian Exchange?***

- Think about what you ate today. Many plants and animals that we consume each day were not native to the Americas. Without the Columbian Exchange, our diets might be drastically different. The Columbian Exchange also introduced new people, diseases, farming techniques, and religions to the Old and New Worlds.

# Activity #1

- You are giving a dinner party for your World History classmates. The menu is all planned, but you'll need to do some shopping. In your town, there are 2 grocery stores. You have to decide where to shop for each of the items that you need for your party.

# NEW WORLD GROCERY



- The NEW WORLD GROCERY only sells products that came from the Americas, “The New World,” to Europe, Africa and Asia via the Columbian Exchange.

# OLD WORLD GROCERY

- The OLD WORLD GROCERY only sells products that came from Asia, Africa, and Europe, “The Old World,” to the Americas via the Columbian Exchange.



# YOUR TASK

- On the next page is your menu. Each item that you need to shop for is linked to a web page that will tell you if the item was native to the Old World or to the New World. Keep track of each item; you'll need to complete a grocery list before you shop.

# MENU

- **Drinks: Lemonade and Chocolate Milk**
- < [Lemons](#), [Sugar](#)> <[Cow's Milk](#), [Cocoa](#) , sugar>
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- **Appetizer: Garden Salad**
- <[Lettuce](#), [tomatoes](#), [green pepper](#), [olive oil](#), lemon juice>
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- **Main Course: Steak & Baked Potato**
- <[beef](#), [potato](#)>
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- **Dessert: Fruit Salad**
- <[strawberries](#), [bananas](#), [pineapple](#), [peaches](#), [vanilla](#)>

# SHOPPING LIST

# OLD WORLD GROCERY STORE

[illegible]

# NEW WORLD GROCERY STORE

[illegible]